

MOSSHEALTHSKILLS

Course: RSPH Level 2 Award in Health Promotion (General Health and Wellbeing)

Reference Number: 1600

The Level 2 Award in Health Promotion is a qualification covering the principles of health promotion. It has been developed to meet the increasing needs of a wide range of individuals to acquire fundamental knowledge and skills in health promotion, so that they are in a position to influence and advise. The Award provides candidates with an opportunity to work and train within a multi-disciplinary group, exploring and examining basic theory in relation to the concepts, influences and determinants of health and to plan/undertake a health promotion initiative in their area.

The qualification route comprises the core unit *The Principles of Health Promotion* and route-specific unit *General Health and Wellbeing*.

Contents:

Unit HP1 Principles of Health Promotion (Credit Value 2)

Candidates will be able to:

- Describe factors that influence health
- State the role of effective communication in health promotion
- Explore behaviour change

Unit HP3 Promotion of General Health and Well-Being (Credit value 2)

Candidates will be able to:

- Outline the scientific basis of health promotion
- Identify opportunities for the practical application of health promotion
- Describe methods of health promotion planning

This course is run over a 10 week period, comprising five tutor guided study days. Throughout the programme participants will be provided with individual tutor



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